



## WIVES FORMATION PROGRAM

**Aspirancy Year I**

**Aspirancy Year II**

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**Year I**  
**Wives' Spirituality**

**Year II**  
**Charity and Justice: A Call of Service**

**Year III**  
**Women's Fiat: Their Gift to the Church**

*It was you who created my inmost self, and put me together in my mother's womb;  
for all these mysteries I thank you; for the wonder of myself, for the wonder of your works.*

*~ Psalm 139:13-14*



## Fall Semester | Aspirancy Year I

### First Saturday

#### Reflection Day | Wive's Day | Introduction to Formation |

1. What is Formation/Discernment
2. Dimensions of Formation
3. Aspirant Handbook

The wives attend Saturday Formation (7 Saturdays) with their husbands including Theological Reflection I (class)

1. Pray Always | Liturgy of the Hours
2. LOH | Morning & Evening Prayer
3. The Ordo
4. What is Spiritual Direction?
5. Marriage Spirituality
6. Sharing Marital Inventory I
7. Sharing Marital Inventory II
8. Help Couples Pray
9. Spirituality of Celibacy
10. Lection Divina
11. Meditation
12. Contemplation

## Spring Semester | Aspirancy Year I

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#### Reflection Day | Wive's Day | Call & Gifted (All Day)

The wives attend Saturday Formation Program (3 Saturdays including Reflection Day).

1. Lectio Divina
2. Safe Environment Education **with husband**
3. Code of Ethical Standards **with husband**
4. Salzmann Library Tour **with husbands**
5. Plan for Self-Care
6. Boundaries in Ministry **with husband**
7. Introduction to Mentoring **with husband**
8. Trauma Informed Ministry **with husband**

## Fall Semester | Aspirancy Year II

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### Reflection Day | Call & Gifted Part II Discerning My Gifts

The wives attend Saturday Formation Program (3 Saturdays).

1. Pastoral Formation | Wives' Formation | *National Directory for the Formation, Ministry, & Life of Permanent Deacon, Second Edition*
2. Native American Culture **with husband**
3. Wives' Panel
4. Lectio Divina

1. The Enneagram I
2. The Enneagram II
3. The Enneagram III
4. Small Group Mentoring

## Spring Semester | Aspirancy Year II

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### Reflection Day | Last Saturday of Semester | Discernment Entering the Candidacy Path

The wives attend Saturday Formation Program (3 Saturdays including *Reflection Day*).

1. *Intro to A Family Perspective in Church and Society Part I (National Directory)*
2. *Intro to A Family Perspective in Church and Society Part II (National Directory)*
3. What About the Wives' Formation (Article: What about the Wives?)
4. Lectio Divina
5. *Apostolic Exhortation of the Family I (Familiaris Consortio)*
6. *Apostolic Exhortation of the Family II (Familiaris Consortio)*
7. Lectio Divina
8. Small Group Mentoring

*Reflection Day (Preparing for the Rite of Candidacy-CYII)*

## Fall Semester | Candidacy Year I | Spirituality

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In August there is a Candidacy Retreat (*What is Candidacy & Introduction to Candidacy Handbook*)  
On the first Saturday of Formation the Rite of Candidacy takes place.

First Saturday—Rite of Candidacy |

The wives attend Saturday Formation Program (3 Saturdays).

1. Introduction to Marian Spirituality
2. Women in the New Testament
3. Trust—In God’s Hands—Wives Spirituality
4. Lectio Divina
5. Embracing Joy—Wives Spirituality
6. Prayer Life—Designing My Journey
7. Balance Between Family & Ministry
8. Lectio Divina
9. The Gift of Self
10. The Gift of Marriage & Family
11. Small Group Mentoring
12. Social with the Ordained Deacon Wives

## Spring Semester | Candidacy Year I | Spirituality

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50-Hour Candidates Placement on Societal Ministry & Theological Reflection—

The wives attend Saturday Formation Program (3 Saturdays).

1. Mysticism and Women Mystics
2. Exploring Different Forms of Prayer
3. Ministry of Lector **with husband**
4. The Vocation of Women—Marian Principles of the Church
5. Meraki—A new Journey of Love and Care
6. Lectio Divina
7. *Letter of Pope John Paul II to Women*
8. Self-Compassion—Tools for Self-Care
9. Small Group Mentoring

## Fall Semester | Candidacy Year II | Charity & Justice—A Call to Service

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The wives attend the Saturday Formation Program (4 Saturdays including Day of Reflection in August).

### First Saturday—Rite of Lector

1. Charity & Justice—Virtue or Challenge for Today
2. Mother Theresa of Calcutta—More than a Servant
3. Sacraments of Service
4. Lectio Divina
5. Deacon Wife—Servant to the Family
6. Family & Culture
7. Pauline Jaricot—Founder of the Propagation of the Faith
8. Small Group Mentoring

**Servants to Themselves**—Wellness Day (All Day) ends with a group social.

## Spring Semester | Candidacy Year II | Charity & Justice—A Call to Service

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The wives attend Saturday Formation Program (3 Saturdays)

1. St. Bakhita Catholic Worker House /St. John the Evangelist Cathedral/John Paul II Food Pantry
2. Ministry of Acolyte **with husband**
3. Theological Reflection on Service Experience
4. Deacon Wife—Servant to the Church
5. Mary Women's Identity
6. Lectio Divina
7. Deacon Wife—Servant to Society
8. Saints of Service—Francis of Assisi, Saint Vincent de Paul, St. Catherine of Siena
9. The Different Faces of Mary, Mother of God
10. Small Group Mentoring—Wives stay later today for mentoring

## Fall Semester | Candidacy Year III | Women's Fiat—Their Gift to the Church

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The wives attend Saturday Formation Program (3 Saturdays including a Day of Reflection in August).

In August there is a Day of Reflection on Acolyte

On the first Saturday of Formation the Rite of Acolyte takes place.

1. Three-Fold Gift
2. Mary: The Fiat of the Faithful Servant
3. My Spiritual Inventory: Where am I today
4. Lectio Divina
5. Deacon's Wife—A Call and Commitment for Life
6. Theology of Marriage
7. Small Group Mentoring
8. Wives' Social

## Spring Semester | Candidacy Year III | Women's Fiat—Their Gift to the Church

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The wives attend the Saturday Formation Program (3 Saturdays & Canonical Ordination Retreat prior to ordination).

1. Wife of a Deacon—Ordinary Women, Extraordinary Lives
  2. Ordination Planning
  3. Complementary & Communion
  4. Lectio Divina
  5. Deacon Service
  6. Life & Ministry After Ordination
  7. Lectio Divina
  8. Group Mentoring
  9. A Deacon a Gift to Family
  10. Integrating Balance in Family, Friends, and Ministry
  11. Letter of Pope John Paul II to Women
  12. Lectio Divina
- **The wives will be invited (optional) to join their husbands on Saturdays when they plan their ordination ceremony.**

## WIVES' DAY SCHEDULE

Morning Prayer	8:30AM
Workshop #1	9:00-10:15 AM
Prepare for Mass	10:15 AM
Communal Liturgy	10:30 AM
Personal Devotion	11:15 AM
Lunch	11:45 AM
Workshop #2	12:30-1:45 PM
Break	1:45 PM
Workshop #3	2:00-3:15 PM
Break	3:15 PM
Workshop #4	3:30-4:45 PM
Evening Prayer	5:00 PM
Departure	5:30 PM